

Additional information about the Nursery class at  
Ysgol Porth y Felin.



# How can your child prepare for school?

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Nursery AM- 8.50-11.30

Teacher: Mrs Christine Morris-Jones

Nursery PM- 1.00-3.15

Teachers: Mrs Delyth Roberts and Mrs Emma Roberts

Nursery/Reception Teaching Assistants:

Mrs Carol Merrifield, Mrs Lowri Powell, Mrs Tracy Hughes, Mrs Aine Teasdale, Mrs Lynne Hughes (every Wednesday)

It is important that you prepare your child by talking to them positively about the new experiences they will be having. Starting school can be very tiring for most children. It can be a very long day. If your child comes home feeling tired, they will probably enjoy a quiet time with mum or dad. Don't force them to talk about school if they don't want to. Some children will tell you everything, some won't. Get them ready for the next day by making sure that s/he goes to bed early. Be prepared for changes during the settling in period.

# How Can You Help Your Child Prepare For School?

Be prepared to leave your child in school even if s/he is a little tearful. 99% of the time the children settle easily once mum or dad has gone. Your child will soon become engrossed in an activity, while you will still be worrying! If your child is severely distressed and remains so, we will contact you. Please encourage your child to walk in by themselves. Encouraging your child to be independent does not mean you love them any less.





# Links with home

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Uniform- Pale blue polo shirt, red sweatshirt/cardigan, navy trousers/skirt. The school uniform with the Porth y Felin logo can be bought at Boppers, Colwyn Bay and School Talk, Mostyn Street, Llandudno.

Their P.E lesson is every Friday. We kindly ask for them to come to school wearing joggers, a T-shirt and a pair of trainers. If the weather is cold, they will also need a jacket or sweatshirt.

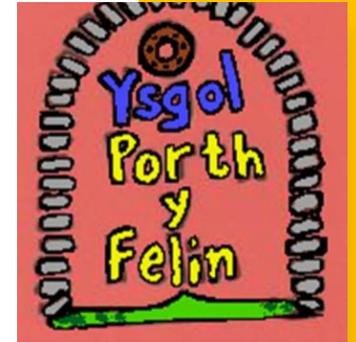
You will receive information about the theme and weekly activities through the Class dojo app. Class dojo is our main form of communication between home and school. You will receive your personal log in information when your child starts school in the new term.

In the Spring term the children will choose a reading book for you to share and read together. The Reading folder will come home on a Friday and returned the following Wednesday. The importance of reading for children cannot be underestimated. Reading for pleasure can benefit a child's education, social and cognitive development, their wellbeing, and their mental health.

Also in the folder there will be a Jolly phonic letter book. You can use the book to help your child to confidently recognise letter sounds. Folders can be purchased from school, please enquire at the reception.

# Using the toilet independently

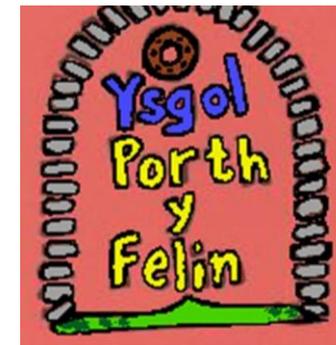
- We would appreciate if the children are out of nappies/pull ups when they start school and that they are able to use the toilet with some independence.
- We encourage them to use the toilet and wash their hands- we remind them frequently. We introduce the importance of washing hands through stories and songs.
- If accidents happen, we are there to reassure them and help the get changed. Please can you ensure that they have spare pants and clothes in their bags on the peg.



## WASH YOUR HANDS



# Healthy Snack



**Tocyn-** This is the Welsh word we use for snack time. The children receive a portion of fruit/vegetables with their milk each day. This is a social time that the children thoroughly enjoy. They have an opportunity to experience a variety of different fruit and vegetables which promotes the school's healthy eating scheme. We kindly ask you as parents for a termly contribution towards the cost. Please pay at the beginning of each term. More information will follow at the beginning of the new term.

**Water bottles-** The children bring their water bottles to school filled with only water due to the healthy school initiative (no flavoured water). The children can help themselves to a drink during the day. The bottles are brought home at the end of each day to be washed and refilled. Please use a transparent, plastic bottle. Please ensure that your child's name is written on the bottle.

Unfortunately, we are unable to accept any sweet treats (e.g. cake, sweets) following birthdays or holidays. If you require further information on the Welsh Assembly initiative, a copy of the guidelines is available in school.